



# Moms Morning Out



Is it time for your little one to get ready for pre-school?  
To socialize with other children? To get over separation anxiety? Gravity Gymnastics brings a great solution, a fitness oriented program where children learn through movement and interactive play.

### Activities Include

**Gymnastics \* Spanish \* Science \* Story Time \* Bounce House  
Social Time \* Arts-&-Crafts \* Numbers \* ABCs**

Did you know?

Gymnastics and early childhood movement education is directly attributed to developing neurological pathways in students and promoting reading readiness.



**Monday - Wednesday - Friday**

**9:30 AM to 12:30 PM**

**Ages: 3 to 5 years old**



### Moms Morning Out Membership includes:

- \* One gymnastics class per week
- \* One, two, or three days of Moms Morning Out per week

Moms Morning Out Pass	
Once a Week	\$126.50 / Month
Twice a Week	\$181.56 / Month
Three Times a Week	\$229.96 / Month

Pricing Without Membership Pass	
Membership Type	Daily
Non-Members	\$35.00
Bronze Members	\$30.00
Silver Members	\$24.00

**Think of Moms Morning Out as a fitness oriented preschool!**



### Reminders

Pack a change of clothes

Pack snacks and juice or water

Snack Time: 10:30 AM

[www.gravitygymnastics.com](http://www.gravitygymnastics.com)

11940 Miramar Pkwy., Miramar FL 33025 \* 954-450-7770